

WEEK 1

DISCUSSION GUIDE

CATALYST

Sometimes the idea of "faith" can feel a little mysterious and hard to grasp. After all, what is it? And how do you get it – or get more of it? Well, just like science can explain so many of the mysterious and hard-to-grasp things in the world around us, there are answers for many of the mysterious and hard-to-grasp things about faith, too. You'll learn in science class that "catalysts" are interactions that create big changes and transformations. In the same way, Scripture shows us certain change-making "catalysts" are necessary for the transformation of our faith and the faith of others. In this four-week series from Hebrews, we'll discover that **faith is a catalyst for action, the faith of others can be a catalyst on our journey, Jesus is the catalyst for a new relationship with God, and we can be a catalyst for change.**

THIS WEEK

BIG IDEA

Faith is a catalyst for action.

BIBLE

Hebrews 11:1-22; James 1:22; 2
Corinthians 5:7

- What's a catalyst that changed your day today (for better or worse)?
- What are some examples of catalysts that could change someone's faith (for better or worse)?
- How would you define "faith?"
- Do you ever wish you had more evidence that God exists and can be trusted? If so, what evidence do you wish you had?
- What evidence do you think we already have that God exists and can be trusted?
- Why do you think the authors of Hebrews and James put so much emphasis on turning our beliefs into actions?
- If we never act on what we say we believe, what do you think would happen to our faith?
- Read 2 Corinthians 5:7. Have you ever struggled to trust God when it was difficult? If so, tell us about it.
- What's something you know God wants you to do, but you haven't done it yet? What's holding you back?
- This week, what's one thing you're going to do in order to turn your beliefs into actions?